Mary Louise "ML" Strome Stahl is a former Kansas Public School Music Teacher, k-12 vocal and instrumental. Also, a lifelong church musician and private teacher, she taught several semesters at Cloud County Community College and served as Director of the C.L. Hoover Opera House in Junction City.

With a BA in music from Warren Wilson college in North Carolina and an MM from Kansas State University, she has been active in community music and music theater throughout the state since arriving in Kansas in 1977. While teaching she was awarded an American Memory Fellowship to the Library of Congress and created lesson plans and programming to integrate Kansas music and the regular curriculum.

She joined musical forces with Joan Nelson and Cindy Carlyon in 2017 to perform as THE CHURCH LADIES and never stopped to think twice! When asked how she manages so many activities and instruments, he response is "She Believed she could so she did." (R.S. Grey)